

Horgan's Product Selections – Nutritional information

Typical values per 100g

Product - Selections	Ingredients	Energy kJ	Energy kcal	Fat	of which saturates	Carbohydrate	of which sugar	Protein	Salt
2586, Irish Cheese Selection									
Mature Red Cheddar	Cheese (Milk), Colour (Annatto)	1681	405	34.1	22.9	1.5	1.5	23.1	1.50
Cashel Blue	Cheese (Milk)	1468	355	29.3	18.4	1.5	0.2	21.1	2.00
Ballintubber With Chives	Cheese (Milk), Chives	1588	392	32.0	18.0	0.2	0.0	25.0	1.70
Tipperary Brie	Cheese (Milk)	1185	286	23.1	14.6	3.3	0.1	16.2	1.39
1594, Continental Cheese Selection									
Ballintubber With Chives	Cheese (Milk), Chives	1588	392	32.0	18.0	0.2	0.0	25.0	1.70
Mild White Cheddar	Cheese (Milk)	1588	392	32.0	18.0	0.2	0.0	25.0	1.70
Wensleydale & Cranberry Cheese	Wensleydale Cheese (Milk), Sweetened Dried Cranberries (13%) (Cranberries, Cane Sugar, Sunflower Oil), Fructose	1528	368	27.1	16.7	11.8	11.4	18.7	0.97
Smoked Cheese	Cheese (Milk), Preservative (Sodium Nitrate), Colours (Annatto, Carotene), Water, Butter (Milk), Emulsifying Salts (Sodium Polyphosphate, Monosodium Phosphate), Corn Starch, Salt, Natural Smoke.	1342	320	24.7	17.9	2.9	0.5	21.4	2.00
French Brie	Cheese (Milk)	1556	376	33.0	23.0	1.0	1.0	18.0	1.30
1595, Mini Cheese Selection									
Mild Red Cheddar	Cheese (Milk), Colour (Annatto)	1588	392	32.0	18.0	0.2	0.0	25.0	1.70
Ballintubber With Chives	Cheese (Milk), Chives	1588	392	32.0	18.0	0.2	0.0	25.0	1.70
Wensleydale & Cranberry Cheese	Wensleydale Cheese (Milk), Sweetened Dried Cranberries (13%) (Cranberries, Cane Sugar, Sunflower Oil), Fructose	1528	368	27.1	16.7	11.8	11.4	18.7	0.97
1596, Horgan's Cheeseboard									
Bleu D'Auvergne	Cheese (Milk)								
Mild Red Cheddar	Cheese (Milk), Colour (Annatto)	1588	392	32.0	18.0	0.2	0.0	25.0	1.70
Wensleydale & Cranberry Cheese	Wensleydale Cheese (Milk), Sweetened Dried Cranberries (13%) (Cranberries, Cane Sugar, Sunflower Oil), Fructose	1528	368	27.1	16.7	11.8	11.4	18.7	0.97
French Brie	Cheese (Milk)								
Port Salut	Milk, Milk Protein, Salt, Lactic Ferments, Vegetarian Rennet, Colour (Annatto)	1360	327	27.0	18.0	0.1	0.1	21.0	1.60
4405, Horgan's Xmas Selection									
Horgan's Vintage Black Wax Irish Cheddar	Cheese (Milk)	1700	410	34.4	21.7	0.1	0.1	25.5	1.70
Janets Chutney for Cheese	Rhubarb, Onions, Sugar, Sultanas, Vinegar, Orange Juice, Yellow Mustard Seed	655	157	0.4	<0.1	37.9	35.7	1.1	0.03
Chicken & Mushroom Pate	Chicken Liver (37%), Pork Fat, Water, Cream (Milk), Eggs, Madeira Wine (3%), Rice Flour, Salt, Green Pepper, Mushrooms (1%), Dried Onion, Emulsifier (E472c), Sugar, Spices, Herbs, Antioxidant (E300), Preservative (E250). Decoration: Parsley, Basil, Thyme.	1250	302	27.0	10.3	6.0	1.5	8.5	1.50
4026, Horgan's 1921 Gift Box									
Horgan's 1921 Reserve Cheddar	Cheese (Milk)	1630	395	32.0	22.0	0.2	0.2	26.0	1.90
Ballymaloe Relish	Tomato (41%), Vinegar, Sugar, Onions, Sultanas, Tomato Puree (5%), Sea Salt, Mustard Seed, Spices.	682	161	<0.1	<0.1	37.4	33.1	1.8	1.40
Multi-Seed Soda Bread Toasts	Buttermilk, Gluten & Wheat free flour (maize, rice, potato, tapioca, buckwheat), Multi-Seeds (26%) (Sunflower, Pumpkin, Linseeds), Brown Sugar, Treacle, Raising Agents (Mono calcium phosphate, sodium bicarbonate). Stabiliser: Xanthan Gum, Irish Mineral Sea Salt.	1097	262	13.0	2.0	28.0	4.7	9.0	0.29
2598, Ballymaloe Cheese & Cracker Selection									
Cashel Blue	Cheese (Milk)	1468	355	29.3	18.4	1.5	0.2	21.1	2.00
Cooleney Camembert	Cheese (Milk)	1185	286	23.1	14.6	3.3	<0.1	16.2	1.39
Horgan's Vintage Irish Cheddar	Cheese (Milk)	1700	410	34.4	21.7	0.1	0.1	25.5	1.70
Ballymaloe Relish	Tomato (41%), Vinegar, Sugar, Onions, Sultanas, Tomato Puree (5%), Sea Salt, Mustard Seed, Spices.	682	161	<0.1	<0.1	37.4	33.1	1.8	1.40
Ballymaloe Jalapeno Relish	Red Peppers (33%), Tomatoes (26%), White Wine Vinegar, Sugar, Tomato Puree (8%), Jalapeno Peppers, Garlic, Sea Salt, Spices, Crushed Chillies.	415	98	<0.1	<0.1	23.2	17.8	1.2	0.40
Ballymaloe Cranberry Sauce	Cranberries (60%), Sugar, Water.	760	179	<0.1	<0.1	44.5	36.2	0.2	0.03
Sherdans Brown Bread Crackers	Wholemeal Wheat Flour (58%), Buttermilk (25%), Butter (Milk), (16%), Sea Salt.	1339	320	14.6	8.8	37.7	3.0	8.9	1.20
955, Connoisseurs Feast									
Cashel Blue	Cheese (Milk)	1468	355	29.3	18.4	1.5	0.2	21.1	2.00
Brie with Cranberries	Cheese (Milk), Cranberries (11%)	1349	324	22.5	15.8	7.2	1.0	23.2	1.50
Castelli Italian Mascarpone	Cream (Milk), Acidity Regulator (Citric Acid)	1463	355	35.5	24.9	3.0	3.0	5.8	0.07
Parmigiano Reggiano	Cheese (Milk)	1671	402	29.7	19.6	0.0	0.0	32.4	1.60
Horgan's "Blacky" Ham Slices	Pork (98%), Water, Salt, Stabiliser: Sodium Diphosphate, Antioxidant: Sodium Erythorbate, Preservative: Sodium Nitrite, Beechwood Smoke.	542	129	5.0	2.0	1.0	1.0	20.0	2.00
Horgan's Pepper Coated Salami Slices	Salami (76%): Pork (93%), Salt, Glucose Syrup, White Pepper, Natural Flavour, Garlic, Antioxidants: Sodium Erythorbate, Ascorbic Acid, Preservative: Sodium Nitrite, Beechwood Smoke. Coating (24%): Black Pepper, Pork Gelatine, Acid Regulator: Sodium Diacetate, Thickening Agent: Xanthan.	1289	309	25.0	10.3	1.0	1.0	20.0	4.00
Duck Fat Clos Saint Sozy	Duck Fat	3692	898	99.8	40.4	<0.1	<0.1	<0.5	<0.01
Horgan's Sliced Parma Ham	Pork, Salt	1130	255	18.4	6.5	0.1	0.1	26.0	4.60
Ham Glaze/Balsamic Vinegar	Apple Juice, Sugar, Honey, Balsamic Vinegar (5.3%), Dijon Mustard, Gelling Agent: Fruit Pectin, Spices	1104	264	0.2	0.0	64.7	63.9	0.2	0.00
Luxury Cranberry Sauce	Cranberries, Sugar, Gelling Agent: Fruit Pectin	709	169	0.2	0.0	42.9	39.2	0.1	0.00
Devon Clotted Cream & Brandy	Pasteurised Cream (82%) (Milk), Sugar, Brandy (8%)	1871	454	45.8	28.1	9.4	8.3	1.0	<0.01
Rehydrated Skimmed Milk Powder, Glucose Syrup (Wheat/Corn), Sugar, Ladyfingers Biscuits (10%) (Wheat Flour, Sugar, Eggs (26%), Raising Agents: Disodium Diphosphate, Sodium Bicarbonate, Ammonium Hydrogen Carbonate; Glucose Syrup, Flavorings, Salt), Vegetable Oil (Coconut), Water, Mascarpone (5.6%) (Pasteurized Fresh Cream (Milk), Pasteurized Fresh Milk, Acidity Regulator: Lactic Acid), Lactose and Milk Proteins, Maltodextrin, Cocoa Dusting (2%) (Cocoa Powder, Cocoa Butter, Dextrose, Corn Starch, Sugar, Vegetable Fat (Palm/Coconut)), Marsala Wine (1.4%), Egg Yolk, Gelatine, Corn Starch, Dextrose, Emulsifier: Mono- and Di-glycerides of Fatty Acids; Thickeners: Carrageenan, Xanthan Gum; Soluble Coffee (0.2%). May Contain Traces of Nuts and Soya Lecithin. Alcohol Content: 1.8 (g/100 g)		1273	304	14.2	11.5	39.2	26.4	4.6	0.13
Di Vittorio Tiramisu	Goats Cheese (Milk), Cranberry Sauce (23%) (Cranberries, Sugar, Water)	905	218	15.8	10.0	10.3	8.4	8.7	0.20
Cranberry Roulade	Wheat Flour, Palm Oil, Brewer's Yeast, Salt, Malted Wheat Flour, Rosemary (1%)	1857	441	13.0	5.2	66.0	2.8	12.0	1.70
Stratini Rosemary Breadsticks	Wheat Flour, Palm Oil, Brewer's Yeast, Salt, Malted Wheat Flour, Rosemary (1%)	1700	410	34.4	21.7	0.1	0.1	25.0	1.70
Horgan's Vintage White Irish Cheddar	Cheese (Milk)	1700	410	34.4	21.7	0.1	0.1	25.0	1.70
Smooth Brussels Pate with Cranberries	Pork Liver (28%), Pork Fat (25%), Cranberry Filling (11%) (Cranberries (70%), Glucose Syrup, Gelling Agent (Modified Starch), Acidity Regulator (Citric Acid, Trisodium Citrate), Preservative (Potassium Sorbate), Flavour), Rapeseed Oil, Water, Pork Connective Tissue, Apple Puree (Apple, Sugar, Acidity Regulator (Citric Acid)), Sugar, Pork (2%), Dextrose, Salt, Acidity Regulator (Potassium Lactate), Bamboo Fibre, Tomato Puree, Dried Onion, Preservative (Sodium Acetates), Colour (Caramel), Spices, Antioxidant (Sodium Ascorbate), Emulsifier (Lecithins), Thickener (Carnauba Wax), Preservative (Sodium Nitrite)	1502	363	32.0	14.0	8.5	8.5	8.0	2.00
Chicken & Mushroom Pate	Chicken Liver (37%), Pork Fat, Water, Cream (Milk), Eggs, Madeira Wine (3%), Rice Flour, Salt, Green Pepper, Mushrooms (1%), Dried Onion, Emulsifier (E472c), Sugar, Spices, Herbs, Antioxidant (E300), Preservative (E250). Decoration: Parsley, Basil, Thyme.	1250	302	27.0	10.3	6.0	1.5	8.5	1.50
Wensleydale & Cranberry Cheese	Wensleydale Cheese (Milk), Sweetened Dried Cranberries (13%) (Cranberries, Cane Sugar, Sunflower Oil), Fructose	1528	368	27.1	16.7	11.8	11.4	18.7	0.97
Paiaorop Fig & Almond Cake	Figs (90%), Almonds (Nuts)	1204	288	4.7	0.4	60.4	48.0	5.0	0.20
959, Gourmands Delicacies									
Cashel Blue	Cheese (Milk)	1468	355	29.3	18.4	1.5	0.2	21.1	2.00
Tipperary Brie	Cheese (Milk)	1185	286	23.1	14.6	3.3	0.1	16.2	1.39
Boursin Garlic & Fine Herb	Milk, Cream (Milk), Lactic Ferments, Garlic & Herbs (2.3%), Salt, Pepper	1632	395	29.0	26.0	3.0	2.0	8.0	1.20
Horgan's "Blacky" Ham Slices	Pork (98%), Water, Salt, Stabiliser: Sodium Diphosphate, Antioxidant: Sodium Erythorbate, Preservative: Sodium Nitrite, Beechwood Smoke.	542	129	5.0	2.0	1.0	1.0	20.0	2.00
Horgan's Pepper Coated Salami Slices	Salami (76%): Pork (93%), Salt, Glucose Syrup, White Pepper, Natural Flavour, Garlic, Antioxidants: Sodium Erythorbate, Ascorbic Acid, Preservative: Sodium Nitrite, Beechwood Smoke. Coating (24%): Black Pepper, Pork Gelatine, Acid Regulator: Sodium Diacetate, Thickening Agent: Xanthan.	1289	309	25.0	10.3	1.0	1.0	20.0	4.00
Duck Fat Clos Saint Sozy	Duck Fat	3692	898	99.8	40.4	<0.1	<0.1	<0.5	<0.01
Luxury Cranberry Sauce	Cranberries, Sugar, Gelling Agent: Fruit Pectin	709	169	0.2	0.0	42.9	39.2	0.1	0.00
Devon Clotted Cream	Pasteurised Cream (Milk)	2137	519	56.0	35.3	2.2	2.2	1.6	<0.01
Rehydrated Skimmed Milk Powder, Glucose Syrup (Wheat/Corn), Sugar, Ladyfingers Biscuits (10%) (Wheat Flour, Sugar, Eggs (26%), Raising Agents: Disodium Diphosphate, Sodium Bicarbonate, Ammonium Hydrogen Carbonate; Glucose Syrup, Flavorings, Salt), Vegetable Oil (Coconut), Water, Mascarpone (5.6%) (Pasteurized Fresh Cream (Milk), Pasteurized Fresh Milk, Acidity Regulator: Lactic Acid), Lactose and Milk Proteins, Maltodextrin, Cocoa Dusting (2%) (Cocoa Powder, Cocoa Butter, Dextrose, Corn Starch, Sugar, Vegetable Fat (Palm/Coconut)), Marsala Wine (1.4%), Egg Yolk, Gelatine, Corn Starch, Dextrose, Emulsifier: Mono- and Di-glycerides of Fatty Acids; Thickeners: Carrageenan, Xanthan Gum; Soluble Coffee (0.2%). May Contain Traces of Nuts and Soya Lecithin. Alcohol Content: 1.8 (g/100 g)		1273	304	14.2	11.5	39.2	26.4	4.6	0.13
Di Vittorio Tiramisu	Wheat Flour, Palm Oil, Brewer's Yeast, Salt, Malted Wheat Flour, Rosemary (1%)	1857	441	13.0	5.2	66.0	2.8	12.0	1.70
Stratini Rosemary Breadsticks	Wheat Flour, Palm Oil, Brewer's Yeast, Salt, Malted Wheat Flour, Rosemary (1%)	1700	410	34.4	21.7	0.1	0.1	25.0	1.70
Horgan's Vintage White Irish Cheddar	Cheese (Milk)	1700	410	34.4	21.7	0.1	0.1	25.0	1.70
Chicken & Mushroom Pate	Chicken Liver (37%), Pork Fat, Water, Cream (Milk), Eggs, Madeira Wine (3%), Rice Flour, Salt, Green Pepper, Mushrooms (1%), Dried Onion, Emulsifier (E472c), Sugar, Spices, Herbs, Antioxidant (E300), Preservative (E250). Decoration: Parsley, Basil, Thyme.	1250	302	27.0	10.3	6.0	1.5	8.5	1.50
Wensleydale & Cranberry Cheese	Wensleydale Cheese (Milk), Sweetened Dried Cranberries (13%) (Cranberries, Cane Sugar, Sunflower Oil), Fructose	1528	368	27.1	16.7	11.8	11.4	18.7	0.97
Paiaorop Fig & Almond Cake	Figs (90%), Almonds (Nuts)	1204	288	4.7	0.4	60.4	48.0	5.0	0.20
960, Horgan's Signature Christmas Hamper									
Horgan's Honey Baked Boneless Ham	Pork, Salt, Honey (1%), Baking Flavouring, Starch, Stabilisers (Sodium Di, Tri & Polyphosphates), Pork Protein, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). 112g of pork used to produce 100g of finished product.	677	161	8.0	3.1	0.3	0.0	22.0	2.50
Horgan's Irish Angus Silverside Spiced Beef	Cheese (Milk)	1700	410	34.4	21.7	0.1	0.1	25.0	1.70
Horgan's Vintage White Irish Cheddar	Cheese (Milk), Colour (Annatto)	1700	410	34.4	21.7	0.1	0.1	25.0	1.70
Horgan's Mature Red Cheddar	Cheese (Milk), Colour (Annatto)	1528	368	27.1	16.7	11.8	11.4	18.7	0.97
Wensleydale & Cranberry Cheese	Wensleydale Cheese (Milk), Sweetened Dried Cranberries (13%) (Cranberries, Cane Sugar, Sunflower Oil), Fructose	1528	368	27.1	16.7	11.8	11.4	18.7	0.97
Brussels Pate In Plastic Pot	Pork Liver (31%), Pork Backfat (31%), Pork Meat (17%), Water, Onions, Salt, Dextrose, Emulsifier: E472c, Stabiliser: E325, Spices, Thickener: E412, Vegetable Fibres, Antioxidants: E300, E301, Preservatives: E250, E262.	1414	339	32.5	12.4	2.4	1.8	10.5	1.80
Duck Pate In Plastic Pot	Pork Meat (32%), Chicken Liver, Pork Liver (14%), Pork Backfat, Duck Meat (6%), Chicken Skin, Onions, Duck Liver (3%), Oranges (2%), Salt, Eggs, Rapeseed Oil, Port Wine (0.3%), Emulsifier: E472c, Duck Skin, Spices, Dextrose, Thickener: E412, Antioxidant: E301, Preservative: E250.	1354	328	30.7	12.0	2.0	1.8	12.1	1.90
Product - Meat									
Horgan's Irish Angus Silverside Spiced Beef	Beef, Salt, Sugar (Glucose & Maltodextrin), Starch, Spices, Stabilisers (Sodium Di and Triphosphates), Gelling agent (Carrageenan), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). 100g of beef used to produce 100g of finished product.	178	74	10.0	4.0	2.0	1.1	20.0	2.00
Horgan's Authentic New York Style Pastrami	Beef, Salt, Sugar (Glucose & Maltodextrin), Starch, Cracked Black Pepper, Stabilisers (Sodium Di and Triphosphates), Gelling agent (Carrageenan), Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite).	178	74	10.0	4.0	2.0	1.1	20.0	2.60
Horgan's Honey Baked Hock Ham	Pork, Salt, Honey (1%), Baking Flavouring, Starch, Stabilisers (Sodium Di, Tri & Polyphosphates), Pork Protein, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). 112g of pork used to produce 100g of finished product.	677	161	8.0	3.1	0.3	0.0	22.0	2.50
Horgan's Ham on Bone (Lightly Smoked)	Pork, Salt, Starch, Stabilisers (Sodium Di, Tri & Polyphosphates), Pork Protein, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). 110g of pork used to produce 100g of finished product.	677	161	8.0	3.1	0.3	0.0	22.0	2.50
Horgan's Ham on the Bone (Un-smoked)	Pork, Salt, Starch, Stabilisers (Sodium Di, Tri & Polyphosphates), Pork Protein, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). 110g of pork used to produce 100g of finished product.	677	161	8.0	3.1	0.3	0.0	22.0	2.50
Horgan's Honey Baked Ham on Bone	Pork, Salt, Honey (1%), Baking Flavouring, Starch, Stabilisers (Sodium Di, Tri & Polyphosphates), Pork Protein, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). 112g of pork used to produce 100g of finished product.	677	161	8.0	3.1	0.3	0.0	22.0	2.50
Horgan's Honey Baked Boneless Half Ham	Pork, Salt, Honey (1%), Baking Flavouring, Starch, Stabilisers (Sodium Di, Tri & Polyphosphates), Pork Protein, Antioxidant (Sodium Ascorbate), Preservative (Sodium Nitrite). 112g of pork used to produce 100g of finished product.	677	161	8.0	3.1	0.3	0.0	22.0	2.50